



No Nut Policy

Cricklade Preschool Playgroup takes all allergies seriously. The preschool's position is not to guarantee a completely allergen free environment, rather: to minimise the risk of exposure, encourage self-responsibility, and plan for effective response to possible emergencies. Please see Policy "Managing Children with Allergies, or who are Sick or Infectious" for further information on this.

We have a child who suffers from a severe nut allergy and therefore have introduced a **No Nut policy** in pre-school.

We kindly request that ALL parents do not send nuts into preschool in snacks or lunchboxes.

No nuts means that the following items should **not** be brought into preschool:

- Nuts or Nut butters, including peanut butter sandwiches
- Chocolate spread made from nuts (hazelnuts)
- Fruit and cereal bars that contain nuts
- Chocolate bars or sweets that contain nuts
- Cakes made with nuts e.g. cherry bakewell has almonds in
- Any other products with nuts listed in the ingredients

It is not necessary to avoid products that state "May Contain" nuts.

Additional Measures the Preschool will take to ensure risk of cross contamination is minimised:

- Staff will promote hand washing before and after snack time and lunch time
- All tables are cleaned with an approved solution
- All snacks provided by pre-school will be free from nuts
- Children are not permitted to share food
- Staff will monitor contents of lunch boxes to ensure contents adhere to the no nut policy and reminders will be sent if necessary

Policy no: 60

We appreciate your co-operation in providing a nut free pre-school and assisting those parents who have a child/children who may have a life threatening reaction.

If your child has a different allergy and requires alternative products that contain nuts e.g. almond milk or almond based yoghurts, and no suitable nut free alternative is possible, please speak with the preschool manager to discuss how this can be best managed.

Agreed by the committee of Cricklade Pre-School Playgroup